

November 18, 2024

Dear Patient,



I hope this letter finds you in good health. I am writing to inform you of an upcoming change which may affect your health care. After much thought and careful consideration, **Sarah B. Wilke, APRN, MSN, AGNP-C** has decided to transition outside of Austin Regional Clinic (ARC) to pursue other career opportunities.

- **Tuesday, November 5, 2024**, was Sarah’s last day seeing patients at **ARC Senior Care Pflugerville**.

Please disregard this letter if you were not a regular patient of hers, your care at ARC will not change.

It is very important to ARC that you maintain continuous health care. ARC’s electronic medical record system allows your records to be accessed from any ARC location and ensures that both her notes and your medical records will be available for your future care.

At ARC it is our standard that we support our partners and take care of each other’s patients. We have complete trust that Sarah’s colleagues are more than happy to welcome you to their practice and will take excellent care of your health.

We recommend these family medicine (FM) and internal medicine (IM) physicians and advanced practice clinician (APC) at ARC Senior Care Pflugerville:

- Cathy Anne Castillo, MD (FM)
- Mary O. Okiomah, APRN, MSN, FNP-BC (FM)
- Gowrishankar Gnanasekaran, MD, MPH (IM)

Next Steps:

- Notify your insurance company of your new primary care physician (PCP)** if your plan is a commercial HMO, Medicare Advantage HMO or PPO, or your plan requires you to inform them of a change in PCP.
- Schedule your next appointment** in any one of the following ways:
 - Schedule directly at ARCseniorcare.com
 - Call **512-ARC-INFO (512-272-4636)**, and press **“1”** to speak with a scheduler, anytime 24/7.
- Call **512-ARC-INFO** and press **“6”** for guidance on choosing a new doctor or APC.

Thank you for being a patient at Austin Regional Clinic and we apologize for the short notice and any inconvenience this change may cause.

Sincerely,

Manish M. Naik, MD
ARC Chief Medical Officer