

March 28, 2025

Dear Patient,



I hope this letter finds you in good health. I am writing to inform you of an upcoming change which may affect your health care. **Starting Tuesday, April 1, 2025**, I will transition from my regular practice at ARC Senior Care Pflugerville to **only seeing patients for Medicare Wellness Visits, same-day appointments, and assisting with follow-up visits, as needed.**

Please disregard this letter if you are not a regular patient of mine, your care at ARC will not change.

It is very important to me as well as ARC that you maintain continuous health care. ARC’s electronic medical record system allows your records to be accessed from any ARC location and ensures that both my notes and your medical records will be available for your future care.

At ARC it is our standard that we support our partners and take care of each other’s patients. I have complete trust that my colleagues are more than happy to welcome you to their practice and will take excellent care of your health. **I recommend the following family medicine (FM) and internal medicine (IM) physicians and advanced practice clinicians (APCs) at these ARC locations:**

ARC Senior Care Pflugerville

- Cathy Anne Castillo, MD (FM)
- Gowrishankar Gnanasekaran, MD, MPH (IM)

ARC Pflugerville

- Valerie O. Eguasa, APRN, MSN, BSN, FNP-BC (IM)
- David C. Gray, MD (IM)
- Hector M. Sanchez, MD (IM)

ARC Kelly Lane

- Holly A. Leal, PA-C (FM)
- Sangeetha Mariappan, MD, MPH (FM)
- Alicia K. Marrah-Pierson, MSN, APRN, FNP-C (FM)

ARC Round Rock

- Swati P. Jadhav, MD (FM)
- Urooj B.N. Jaffer, MD (FM)
- Miriam U. Nnabuihe, APRN, FNP-C (FM)
- Anisha R. Virani, MD (FM)
- Archana Jayachandran, MD (IM)
- Kian Vui (Eric) Leong, MD (IM)

Next Steps:

- Notify your insurance company of your new primary care physician (PCP)** if your plan is a commercial HMO, Medicare Advantage HMO or PPO, or your plan requires you to inform them of a change in PCP.
- Schedule your next appointment** in any one of the following ways:
 - Schedule directly at **MyChartARC.com**, or on the MyChart app if you have an ARC MyChart account.
 - Click **BOOK NOW** at **ARCfamilymedicine.com** or **ARCinternalmedicine.com**.
 - Call **512-ARC-INFO (512-272-4636)**, and press **“1”** to speak with a scheduler, anytime **24/7**.
- Call **512-ARC-INFO** and press **“6”** for guidance on choosing a new doctor or APC, or you can also read about our family medicine and internal medicine physicians and APCs at **ARCfamilymedicine.com** and **ARCinternalmedicine.com**.

I am truly grateful to you for entrusting me with your health and allowing me to care for you.

Sincerely,

Mary O. Okiomah, APRN, MSN, FNP-BC

Family Medicine Department | ARC Senior Care Pflugerville

After Hours & Same-Day Care	Cardiology	Endocrinology	General Surgery	Orthopedics	Rheumatology
Allergy & Asthma	Clinical Research	Extensivist Medicine	Internal Medicine	Pediatrics	Sports & Musculoskeletal
Audiology	Dermatology	Family Medicine	Neurology	Podiatry	Medicine
	Ear, Nose & Throat (ENT)	Gastroenterology	Obstetrics & Gynecology	Reproductive Medicine	