

September 04, 2024

Dear Patient,



I hope this letter finds you in good health. I am writing to inform you of an upcoming change which may affect your health care. After much thought and careful consideration, I have decided to transition my career outside of Austin Regional Clinic (ARC) to pursue other career opportunities. This comes with mixed emotions since ARC has been my professional home for the past six years.

- **Friday, September 27, 2024, will be my last day seeing patients at ARC Kyle Plum Creek.**

Please disregard this letter if you are not a regular patient of mine, your care at ARC will not change.

It is very important to me as well as ARC that you maintain continuous health care. ARC’s electronic medical record system allows your records to be accessed from any ARC location and ensures that both my notes and your medical records will be available for your future care.

At ARC it is our standard that we support our partners and take care of each other’s patients. I have complete trust that my colleagues are more than happy to welcome you to their practice and will take excellent care of your health. **I recommend these internal medicine (IM) and family medicine (FM) physicians and advanced practice clinicians (APCs) at the following ARC locations:**

**ARC Kyle Plum Creek**

- Michelle R. Meystedt, PA-C (FM)

**ARC Southwest**

- Nicholas F. Bastian, DO, MPH (IM)
- Erin R. Burge, MSN, RN, FNP-C (FM)
- Jeffrey W. Champ, MD (FM)
- Karen J. Romero, DO (FM)  
*Fluent in Spanish*

**ARC Center Street**

- Brian T. Benjamin, MD (FM)
- Jenney S. Vongprathoum, MD (FM)  
*Starting in September*

**Next Steps:**

- Notify your insurance company of your new primary care physician (PCP)** if your plan is a commercial HMO, Medicare Advantage HMO or PPO, or your plan requires you to inform them of a change in PCP.
- Schedule your next appointment** in any one of the following ways:
  - Schedule directly at **MyChartARC.com**, or on the ARC MyChart app if you have an ARC MyChart account.
  - Click **BOOK NOW** at **ARCinternalmedicine.com** or **ARCfamilymedicine.com**.
  - Call **512-ARC-INFO (512-272-4636)**, and press “1” to speak with a scheduler, anytime **24/7**.
- Call **512-ARC-INFO** and press “6” for guidance on choosing a new doctor, or you can also read about our internal medicine and family medicine physicians and APCs at **ARCinternalmedicine.com** and **ARCfamilymedicine.com**.

I am truly grateful to you for entrusting me with your health and allowing me to be your doctor.

Sincerely,

**Jonathan Nicholas (Nick) Posey, MD**  
Internal Medicine Department | ARC Kyle Plum Creek

- After Hours & Same-Day Care
- Allergy & Asthma
- Audiology
- Cardiology
- Clinical Research
- Dermatology
- Ear, Nose & Throat (ENT)
- Endocrinology
- Extensivist Medicine
- Family Medicine
- Gastroenterology
- General Surgery
- Internal Medicine
- Neurology
- Obstetrics & Gynecology
- Orthopedics
- Pediatrics
- Podiatry
- Reproductive Medicine
- Rheumatology
- Sports & Musculoskeletal Medicine