ARC Senior Care
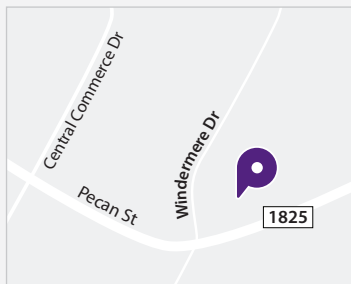
Services at this Clinic

- Care Coordination
- Chronic Care Management
- Chronic Care Nurse Navigators
- Cognitive Assessment
- Fall Assessment
- Frailty Assessment
- Hospital/ER Transition Services
- Medicare Insurance Advice
- Medicare Wellness Assessment
- Medication Management
- Nutrition Recommendations
- Primary Care
- Senior Care
- Transitional Care

Cathy Anne Castillo, MD
Family Medicine

"I enjoy caring for the geriatric population. I want to help them live productive lives and achieve what matters to them. I prefer to promote prevention. I like to address problems early on and head on so that we can avoid problems down the road. I am interested in treating diabetes. It is a very big problem in my family so I have personally seen its effects."
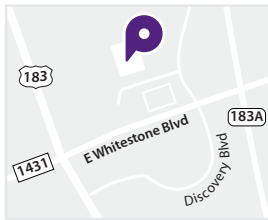
Gowrishankar Gnanasekaran, MD, MPH
Internal Medicine, Geriatrics

"… I chose to further specialize in Geriatrics to understand the unique needs of the aging population and better serve them … Educating, engaging, and empowering patients with proper tools helps them become equal partners in their health. I believe in formulating patient–centric care plans that take patients' values and goals into consideration."

ARC Senior Care

15803 Windermere Dr
Suite 102
Pflugerville, TX 78660

512–990–4260

Clinic Hours
Mon–Fri: 8am–5pm

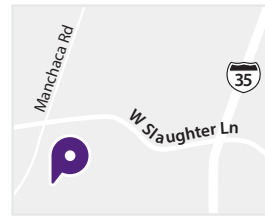Book an Appointment Online at **ARCappointments.com**

A·R·C After Hours Clinic

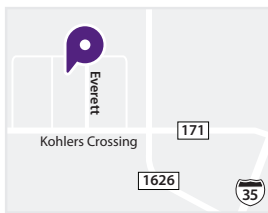## Available nights, weekends & holidays*

Mon–Fri 5pm–9pm | Sat–Sun 8am–5pm

ARC Cedar Park Building C

801 E Whitestone Blvd
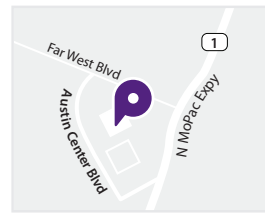Building C
Cedar Park, TX 78613
512-259-3467

ARC Kyle Plum Creek

4100 Everett
Suite 400
Kyle, TX 78640
512-295-1333

ARC Round Rock

940 Hesters Crossing Rd
Round Rock, TX 78681
512-244-9024

ARC Southwest

1807 W Slaughter Ln
Suite 490
Austin, TX 78748
512-282-8967

ARC Far West

6835 Austin Center Blvd
Austin, TX 78731
512-346-6611

ARCafterhours.com

Daytime hours also available at after hours locations.

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